

FOI 018/2023 Response

QUESTIONS FOCUSED ON ADULT ADHD SERVICES

1. For your financial years 2022-23 and 2021-22 please can you tell us:
 - a. For each of those years how many adult assessments for ADHD were done?
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.
 - b. For each of those years what was the average waiting time (in weeks) for adults who had an assessment for ADHD (Attention Deficit Hyperactivity Disorder).
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.

Assessment per Financial Year	Gender	1a) Number of Assessed Within Each Financial Year	1b) Average Weeks Waiting of Completed Assessments per Financial Year
FY 21/22	Female	177	85
FY 21/22	Male	229	88
FY 22/23	Female	336	65
FY 22/23	Male	289	60
FY 22/23	Nonbinary	2	75

- c. For each of those years how many adult ADHD referrals were rejected prior to the individual receiving an assessment? Rejected - meaning "removed from waiting list for formal ADHD assessment."
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.

Discharged per Financial Year	Gender	1c) Number Rejected before Assessment per Financial Year
FY 21/22	Female	138
FY 21/22	Male	184
FY 21/22	Nonbinary	1
FY 22/23	Female	293
FY 22/23	Male	235
FY 22/23	Nonbinary	0

Note:

- **Figures exclude waiting list removals where it is clear people were taken off the waiting list at their own request.**

- d. For each of those years how many adults were waiting for an ADHD Assessment at the end of the year.
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.

Please find response under section 3a below

QUESTIONS FOCUSED ON CHILD ADHD SERVICES

2. For your financial years 2022-23 and 2021-22 please can you tell us:
 - a. For each of those years how many child assessments for ADHD (Attention Deficit Hyperactivity Disorder) were done?
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.
 - b. For each of those years what was the average waiting time (in weeks) for children who had an assessment for ADHD (Attention Deficit Hyperactivity Disorder).
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.
 - c. For each of those years how many child ADHD referrals were rejected prior to assessment?
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.
 - d. For each of those years how many children were waiting for an ADHD Assessment at the end of the year.
 - i. If you have the data and it won't take us over the costs limit, please can you break this down by gender.

The Trust is unable to provide a response in relation to Children and Young People services.

This is because the Trust is not commissioned to provide ADHD services for CYP.

The Trust therefore recommends that you redirect your request to Birmingham Women's and Children's Trust for the requested data.

GENERAL QUESTIONS ABOUT YOUR ORGANISATION AND ITS ADHD SERVICES

3. With relation to the present time (reflecting the most recent data that you have). Please can you answer the following questions:
 - a. With regards to your adult ADHD services.
 - i. Do you currently have a commissioned adult ADHD assessment service?
 - **Birmingham and Solihull Mental Health Foundation Trust (BSMHFT) deliver an assessment and diagnosis service.**
 - ii. How many adults do you have waiting for an adult ADHD assessment?

Gender	1d) Waiting End Financial Year 21/22	1d) Waiting End Financial Year 22/23	3a – ii) Current Waiters
Female	2,844	2,081	1,961
Male	2,238	1,525	1,408
Nonbinary	10	7	7
Unknown	2	2	2

III. What is your current expected waiting time (in weeks) for an adult ADHD Assessment?

288 weeks

IV. What is your current longest waiting time for an adult ADHD Assessment?

128 weeks

a. What is your process for reviewing and deciding whether to accept or reject adults who have been referred for an ADHD assessment.

Each referral when received is triaged by a senior Clinician within the team to review appropriateness for assessment.

If there is limited information (e.g. no reference to current symptoms or clinical rationale for assessment, lack of proof of an existing diagnosis, no evidence of symptoms prior to the age of 12, etc), then it is sent back to the referrer to request further information.

If there is significant drug or alcohol use that would impact upon an accurate assessment, the Trust will signpost the individual to CGL (for Birmingham) or SIAS (for Solihull), so that they can provide intervention before we can carry out an assessment. All referrals are assessed on an individual basis.

iii. Is your organisation confident that it is satisfying the NICE guidelines for adults with ADHD?

The ADHD service within BSMHFT is commissioned for the assessment, diagnosis, and pharmacological treatment of ADHD.

We do not offer psychological intervention for the treatment of ADHD (excluding reasonable adjustments, which we do undertake).

We are mostly compliant with NICE guidance within the service we offer and, as we are not commissioned to offer psychological intervention, we signpost those who do require this to the suitable agency. Therefore, we are confident that we satisfy the NICE guidelines for adults with ADHD.

b. With regards to your child ADHD services

i. Do you currently have a commissioned child ADHD Assessment service?

ii. How many children do you have waiting for a child ADHD assessment?

iii. What is your current expected waiting time (in weeks) for a child ADHD Assessment?

iv. What is your current longest waiting time for a child ADHD Assessment?

v. What is your process for reviewing and deciding whether to accept or reject children who have been referred for an ADHD assessment.

vi. Is your organisation confident that it is satisfying the NICE guidelines for children with ADHD.

The Trust is unable to provide a response in relation to Children and Young People services.

This is because the Trust is not commissioned and therefore does not provide ADHD services for CYP and we recommend that you redirect your request to Birmingham Women's and Children's Trust.

c. Information on your financial year.

i. What are the dates of your financial year 2022-23.

1-Apr-2022 to 31-Mar-2023

ii. What are the dates of your financial year 2021-22.

1-Apr-2021 to 31-Mar-2022