

Email: [foi@nottshc.nhs.uk](mailto:foi@nottshc.nhs.uk)  
Direct Dial: 0115 9055311  
FOI ref: 9133

**Trust Headquarters**  
The Resource  
Duncan Macmillan House  
Porchester Road  
Mapperley  
Nottingham  
NG3 6AA

Tel: 0115 9691300

19 May 2023

Henry Shelford  
Via email: [hello@adhduk.co.uk](mailto:hello@adhduk.co.uk)

Dear Henry Shelford

**Re: Decision Notice under Section 17 of the Freedom of Information Act 2000**

Thank you for your recent request for information under the Freedom of Information Act.

**Duty to confirm or deny**

I can confirm that the information requested is held by the Trust.

**Response to the information requested**

Please may I request the answers to the following questions. With regards to your organisation: Nottinghamshire Healthcare NHS Foundation Trust

**QUESTIONS FOCUSED ON ADULT ADHD SERVICES**

1. For your financial years 2022-23 and 2021-22 please can you tell us:  
a) For each of those years how many adult assessments for ADHD were done?

Financial Year	ADHD Assessments
2021/22	771
2022/23	1004

- i) If you have the data and it won't take us over the costs limit please can you break this down by gender.



Financial Year	Gender	ADHD Assessments
2021/22	Female	353
2021/22	Male	413
2021/22	Not Specified	<5
2022/23	Female	417
2022/23	Male	582
2022/23	Not Specified	<5
2022/23	Unknown	<5

b) For each of those years what was the average waiting time (in weeks) for adults who had an assessment for ADHD (Attention Deficit Hyperactivity Disorder).

Financial Year	Avg. weeks to assessment
2021/22	11
2022/23	15

i) If you have the data and it won't take us over the costs limit please can you break this down by gender.

Financial Year	Gender	Avg. weeks to assessment
2021/22	Female	11
2021/22	Male	12
2021/22	Not Specified	3
2022/23	Female	20
2022/23	Male	12
2022/23	Not Specified	3
2022/23	Unknown	23

c) For each of those years how many adult ADHD referrals were rejected prior to the individual receiving an assessment?

Financial Year	No. of ADHD Referrals
2021/2022	419
2022/2023	1374

\* The high number of rejected referrals in 2022/23 is due to a significant number of inappropriate or poor-quality referrals being rejected. The NESS team are working hard with primary care to refine and improve the referral process.

i) If you have the data and it won't take us over the costs limit please can you break this down by gender.

Financial Year	Gender	No. of ADHD Referrals
2021 - 2022	Female	240
2021 - 2022	Male	177
2021 - 2022	Not Specified	<5
2022 - 2023	Female	831

2022 - 2023	Male	539
2022 - 2023	Not Specified	<5

d) For each of those years how many adults were waiting for an ADHD Assessment at the end of the year.

Financial Year	Number of Adults
2021 - 2022	2307
2022 - 2023	2979

i) If you have the data and it won't take us over the costs limit please can you break this down by gender.

Financial Year	Gender	Number of Adults
2021 - 2022	Unknown	<5
2021 - 2022	Not Specified	14
2021 - 2022	Male	1015
2021 - 2022	Female	1277
2022 - 2023	Unknown	<5
2022 - 2023	Not Specified	18
2022 - 2023	Male	1195
2022 - 2023	Female	1765

## QUESTIONS FOCUSED ON CHILD ADHD SERVICES

2. For your financial years 2022-23 and 2021-22 please can you tell us:

a) For each of those years how many child assessments for ADHD (Attention Deficit Hyperactivity Disorder) were done?

Financial Year	ADHD Assessments
2021/22	1157
2022/23	573

i) If you have the data and it won't take us over the costs limit please can you break this down by gender.

Financial Year	Gender	ADHD Assessments
2021/22	Female	440
2021/22	Male	717
2022/23	Female	215
2022/23	Male	358

b) For each of those years what was the average waiting time (in weeks) for children who had an assessment for ADHD (Attention Deficit Hyperactivity Disorder).

Financial Year	Avg. Weeks To Assessment
2021/22	1

2022/23	1
---------	---

- i) If you have the data and it won't take us over the costs limit please can you break this down by gender.

Financial Year	Gender	Avg. Weeks To Assessment
2021/22	Male	1
2021/22	Female	1
2022/23	Male	1
2022/23	Female	1

- c) For each of those years how many child ADHD referrals were rejected prior to assessment?

**No child ADHD referrals were rejected prior to assessment.**

- i) If you have the data and it won't take us over the costs limit please can you break this down by gender.

**No child ADHD referrals were rejected prior to assessment.**

- d) For each of those years how many children were waiting for an ADHD Assessment at the end of the year.

Financial Year	Number of Children
2021 - 2022	6
2022 - 2023	51

- i) If you have the data and it won't take us over the costs limit please can you break this down by gender.

Financial Year	Gender	Number of Children
2021 – 2022	Female	<5
2021 – 2022	Male	<5
2022 – 2023	Female	13
2022 – 2023	Male	38

### GENERAL QUESTIONS ABOUT YOUR ORGANISATION AND ITS ADHD SERVICES

3. With relation to the present time (reflecting the most recent data that you have). Please can you answer the following questions:

- a. With regards to your adult ADHD services.  
i. Do you currently have a commissioned adult ADHD assessment service?

**Neurodevelopmental Specialist Service (NeSS) has an Adult ADHD assessment service.**

- ii. How many adults do you have waiting for an adult ADHD assessment?  
**3059**
- iii. What is your current expected waiting time (in weeks) for an adult ADHD Assessment?  
**15.2 weeks**
- iv. What is your current longest waiting time for an adult ADHD Assessment?  
**203.1 weeks**
- v. What is your process for reviewing and deciding whether to accept or reject adults who have been referred for an ADHD assessment.  
**All referral forms received, usually from the GP, are recorded in the RIO system and are screened by a team of healthcare professionals who meet twice a week to go through each referral.**

**The referral form has a lot of developmental history on which is needed to make a decision but there is also an acceptance criteria which also has to be met;**  
**Acceptance criteria**

- **Adults (aged 18+)**
- **Nottingham city or Nottinghamshire County resident**
- **ASD/ADHD- seeking assessment**
- **Short-term and specific post diagnostic support that cannot be sought by another service**
- **Adults with an ADHD diagnosis requiring ADHD medication treatment initiation or review**

**Exclusion criteria**

- **Aged below 18 years**
- **Not a Nottingham city or Nottinghamshire County resident (without CCG funding)**
- **Clients diagnosed/suspected to have Intellectual Disability- refer to Intellectual Disability Service**
- **Mental health support- refer to the Locality Mental Health Team**
- **Clients currently experiencing severe mental illness (Consultation may be provided)**
- **Support for independent living/social care- refer to Adult Social Care**
- **No consent from client for the referral**
- **Referral form and Questionnaires incomplete/lacking information**
- **Self-referral (no clinical opinion provided)**

- vi. Is your organisation confident that it is satisfying the NICE guidelines for adults with ADHD?

**The Neurodevelopmental Specialist Services adheres to the NICE Guidelines for ADHD**

- b. With regards to your child ADHD services
- i. Do you currently have a commissioned child ADHD Assessment service?

**Community Paediatrics are always the first point for ADHD presentation in Nottingham and Nottinghamshire. Referrals would come from Community Paediatrics to CAMHS when specialist advice/ guidance is required, or if additional formulation would be useful to understand other variants of diagnoses.**

**Yes – although there are some variations in the offer across Nottingham and Nottinghamshire due to historic commissioning arrangements we are also not responsible for delivering the whole assessment pathway**

**Bassetlaw – There is an ADHD Pathway in Bassetlaw, that is commissioned jointly with the local paediatricians and CAMHS, the aim of the joint pathway is to work with young people whose presentation have high complexity, and additional formulation is required to understand needs. The psychology element to this pathway sits within CAMHS. All young people referred to the pathway are triaged by a panel including psychology (CAMHS) and a Paediatrician. The psychologist working within the pathway will see every young person who is identified as needing an ADHD assessment and will work closely with the Paediatricians to assist with formulation and support with diagnostics of ADHD.**

**There is also a team at QMC who work with young people referred to them by Paediatrics, again they provide specialist assistance with formulation and support with advise/ guidance regarding medication and therapeutics when required.**

**Across Nottingham and Nottinghamshire NHT provides a clinic that offers assessment, diagnostic confirmation and brief interventions in relation to ADHD. This team (The CAMHS ADHD Specialist Team – CAST) receives referrals from professionals who are part of CAMHS services and carry out the majority of ADHD assessment in CAMHS. This could be from any of the three community teams, inpatient services or specialist teams.**

- ii. How many children do you have waiting for a child ADHD assessment?  
**<5**
- iii. What is your current expected waiting time (in weeks) for a child ADHD Assessment?  
**12 weeks**
- iv. What is your current longest waiting time for a child ADHD Assessment?  
**16 weeks**
- v. What is your process for reviewing and deciding whether to accept or reject children who have been referred for an ADHD assessment.  
**QMC - MDT discussion with consultant psychiatrist, clinical psychologist, clinical nurse specialist, also outlined above.**

**Bassetlaw Pathway- All young people are triaged by an MDT panel which consists of Consultant Paediatrician, Psychology, SALT, any young person identified needing a ADHD assessment will be seen by the Clinical Psychologist.**

vi. Is your organisation confident that it is satisfying the NICE guidelines for children with ADHD?

**For the part of the pathway we are commissioned to deliver, we are satisfied we adhere to the NICE guidelines, for further assurance of the wider pathway, please contact the Nottingham and Nottinghamshire ICB**

c. Information on your financial year.

i. What are the dates of your financial year 2022-23.

**1 April – 31 March**

ii. What are the dates of your financial year 2021-22.

**1 April – 31 March**

### **Exemption(s) which apply**

- **Section 40 (2) of the Freedom of Information Act 2000 applies to the release of the exact information for questions 1ai, 1ci, 1di, 2di & 3bii where the number figures are 5 or less (<5) due to the potential identification of individuals.**

We can confirm that the Trust publishes any FOI requests it may receive via its website within the 'Disclosure Log'.

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from Nottinghamshire Healthcare NHS Foundation Trust. Should you wish to re-use previously unreleased information then you must make your request in writing. All requests for re-use will be responded to within 20 working days of receipt.

If you are unhappy with the handling of your request or the information provided, you may ask the Nottinghamshire Healthcare NHS Foundation Trust to carry out an internal review. Internal review requests should be made within 40 working days of this initial response. Requests for internal reviews should be addressed to the Deputy Director of Corporate Affairs at: The Resource, Duncan Macmillan House, Porchester Road, Nottingham NG3 6AA or email [rebecca.allen@nottshc.nhs.uk](mailto:rebecca.allen@nottshc.nhs.uk).

If you are still unhappy following an internal review, you may make a complaint to the Information Commissioner at Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF. Telephone 0303 1231113, email [casework@ico.org.uk](mailto:casework@ico.org.uk).

Yours faithfully,

**Freedom of Information Team**