

Information Governance

Medical Directorate
NHS Grampian
Rosehill House
Foresterhill Site
Cornhill Road
Aberdeen
AB25 2ZG



BY EMAIL
Henry Shelford
foi-email@adhduk.co.uk

Date 30 May 2025
Our Ref FOI/2025/428
Enquiries to Information Governance Team
Extension 54983
Direct Line 01224 554983
Email gram.foi@nhs.scot

Dear Mr Shelford

Freedom of Information (Scotland) Act 2002

I refer to your e-mail dated 28 April 2025, requesting:

"This is a freedom of information request. Thank you for your time and consideration of this.

Section A

(A1) Does your organisation commission Adult ADHD Assessments? If yes, please list: (A1-i) the organisation or organisations in receipt of commission from you alongside the contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

(A2) Does your organisation commission Child ADHD Assessments? If yes, please list: (A2-i) the organisation or organisations in receipt of commission from you alongside the contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

(A3) Does your organisation undertake Adult ADHD Assessments? If yes, please list: (A3-i) the organisation or organisations that have contracted you to provide the ADHD Assessment service alongside the financial contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

(A4) Does your organisation undertake Child ADHD Assessments? If yes, please list: (A4-i) the organisation or organisations that have contracted you to provide the ADHD Assessment service alongside the financial contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

Section B

Please could you provide the information for the last public sector year (the period covering 1st April 2024 – 31st March 2025).

(B1). The number of Adult ADHD Assessments undertaken in that period

(B2). The number of Adults waiting for an ADHD Assessment at the end of that period.

(B3). The number of Adults waiting for an ADHD Assessment at the date of receipt of this FOI request.

(B4). The number of Child ADHD Assessments undertaken in that period

(B5). The number of Children waiting for an ADHD Assessment at the end of that period.

(B6). The number of Children waiting for an ADHD Assessment as of the date of receipt of this FOI request.

If it does not take us over the FOI cost threshold, then please can we ask similar questions for the prior public sector year. For the period covering 1st April 2023 to 31st March 2024.

(B7). The number of Adult ADHD Assessments undertaken in that period

(B8). The number of Adults waiting for an ADHD Assessment at the end of that period.

(B9). The number of Child ADHD Assessments undertaken in that period

(B10). The number of Children waiting for an ADHD Assessment in that period.

If it does not take us over the FOI cost threshold, then please can we ask the same questions for the public sector, the year before the above. For the period covering 1st April 2022 to 31st March 2023.

(B11). The number of Adult ADHD Assessments undertaken in that period

(B12). The number of Adults waiting for an ADHD Assessment at the end of that period.

(B13). The number of Child ADHD Assessments undertaken in that period

(B14). The number of Children waiting for an ADHD Assessment in that period.

If it does not take us over the FOI cost threshold, then please can we ask the same questions for the public sector, the year before the above. For the period covering 1st April 2021 to 31st March 2022.

(B15). The number of Adult ADHD Assessments undertaken in that period

(B16). The number of Adults waiting for an ADHD Assessment at the end of that period.

(B17). The number of Child ADHD Assessments undertaken in that period

(B18). The number of Children waiting for an ADHD Assessment in that period.

Section C

If it does not take us over the FOI cost threshold, then please can we ask this additional set of questions

(C1). Did you pay out under Right to Choose for Adult ADHD Assessments in the prior public sector year? If yes:

(C1-i) How many Adult ADHD Assessments were paid out under Right to Choose in the last public sector year (2024-25)

(C2-ii) What was the total value of Adult ADHD Assessments under Right to Choose in the last public sector year (2024-25).

(C2-iii) Please list the organisations you paid out for Adult ADHD Assessments under Right to Choose, alongside the total financial amount paid, and the quantity of Adult ADHD

Assessments undertaken for the last public sector year (April 1st 2024- 31st March 2025).

(C2). Did you pay out under Right to Choose for Child ADHD Assessments in the prior public sector year? If yes:

(C1-i) How many Child ADHD Assessments were paid out under Right to Choose in the last public sector year (2024-25)

(C2-ii) What was the total value of Child ADHD Assessments under Right to Choose in the last public sector year (2024-25).

(C2-iii) Please list the organisations you paid out for Child ADHD Assessments under Right to Choose, alongside the total financial amount paid, and the quantity of Child ADHD Assessments undertaken for the last public sector year (April 1st 2024- 31st March 2025).”

I can now respond as follows:

Section A

(A1) Does your organisation commission Adult ADHD Assessments? If yes, please list:

Aberdeen City

No.

Aberdeenshire

No.

Moray

No.

(A1-i) the organisation or organisations in receipt of commission from you alongside the contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

Aberdeen City

N/A.

Aberdeenshire

N/A.

Moray

N/A.

(A2) Does your organisation commission Child ADHD Assessments? If yes, please list:

CAMHS

NHS Grampian CAMHS does not commission any other organisations to undertake Neurodevelopmental assessments.

Aberdeen City

N/A.

Aberdeenshire

N/A.

Moray
N/A.

(A2-i) the organisation or organisations in receipt of commission from you alongside the contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

CAMHS
N/A.

Aberdeen City
N/A.

Aberdeenshire
N/A.

Moray
N/A.

(A3) Does your organisation undertake Adult ADHD Assessments? If yes, please list:

Aberdeen City
Yes.

Aberdeenshire
Yes

Moray
We do not provide a stand-alone ADHD assessment service, but those with co-morbid mental illness will be seen via out-patient appointments.

(A3-i) the organisation or organisations that have contracted you to provide the ADHD Assessment service alongside the financial contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

Aberdeen City
N/A.

Aberdeenshire
N/A.

Moray
N/A.

(A4) Does your organisation undertake Child ADHD Assessments? If yes, please list:

CAMHS

For individuals aged under 18 years of age, across NHS Grampian, assessment and diagnosis of Neurodevelopmental Disorders including ADHD in children and young people up to the age of 18 currently occurs within Community Child Health (CCH) services and / or within Child and Adolescent Mental Health Services (CAMHS), depending on clinical presentation and complexity.

Within NHS Grampian, we are actively working across health, social care and education to ensure that children, young people and their families get the support that they need, as soon as possible, by the appropriate agency.

We are working with colleagues across the wider system to improve our understanding of demand and develop cross systems pathways for those with Neurodevelopmental Disorders, in line with national recommendations as outlined below –

The Scottish Government published the national CAMHS Service Specification in early 2020 which outlines what young people and their families can expect from CAMHS. This can be found here - <https://www.gov.scot/publications/child-adolescent-mental-health-services-camhs-nhs-scotland-national-service-specification/> The following statement is taken from the CAMHS Service Specification – "Specialist CAMHS are for children and young people age 0 – 18th birthday with clear symptoms of mental ill health which place them or others at risk and/or are having a significant and persistent impact on day-to-day functioning".

In 2021, the National Neurodevelopmental Specification for Children and Young People: Principles and Standards of Care was published, to sit alongside the CAMHS document. This can be found here - <https://www.gov.scot/publications/national-neurodevelopmental-specification-children-young-people-principles-standards-care/> The following statement is taken from the National Neurodevelopmental Specification - "The National Neurodevelopmental Specification ("the Specification") is for children and young people who have neurodevelopmental profiles with support needs and require more support than currently available. These children are often referred to Child and Adolescent Mental Health Services (CAMHS) but do not always meet the mental health criteria described in the CAMHS service specification criteria. The Specification complements, and sits within, the Getting It Right for Every Child (GIRFEC) approach. It reflects the principles of UNCRC, the Universal Health Visiting Pathway, and Ready to Act for Allied Health Professionals. The Specification aims to ensure that children and families receive the supports and access to services that meet their needs at the earliest opportunity, based on the GIRFEC approach. For many children and young people, such support is likely to be community based, and should be quickly and easily accessible. Children, young people and their families will be able to access additional support, appropriate for their neurodevelopmental needs, through universal services, such as via the named person, and community based mental health and wellbeing supports and services. Universal services should work closely with professionals working in neurodevelopmental services, relevant health and social care and education services. These professionals should be linked with CAMHS so that children and young people with both neurodevelopmental and mental health support needs can get the additional support they require".

Aberdeen City
N/A

Aberdeenshire
N/A.

Moray
N/A.

(A4-i) the organisation or organisations that have contracted you to provide the

ADHD Assessment service alongside the financial contract value for the last public sector financial year (1st April 2024 – 31st March 2025) and the current public sector financial year (1st April 2025 – 31st March 2026).

CAMHS

N/A. – NHS Grampian CAMHS are not commissioned or contracted to conduct ADHD Assessment services by any other organisation. Any ADHD assessments conducted within NHS Grampian CAMHS would be done in line with the CAMHS National Specification, as detailed in the above answer to question A4.

Aberdeen City

N/A.

Aberdeenshire

N/A.

Moray

N/A.

Section B

Please could you provide the information for the last public sector year (the period covering 1st April 2024 – 31st March 2025).

(B1). The number of Adult ADHD Assessments undertaken in that period

Aberdeen City

104

Aberdeenshire

142

Moray

Please see A3 above.

(B2). The number of Adults waiting for an ADHD Assessment at the end of that period.

Aberdeen City

1399

Aberdeenshire

1200

Moray

464

(B3). The number of Adults waiting for an ADHD Assessment at the date of receipt of this FOI request.

Aberdeen City

1406

Aberdeenshire

1200, the waiting list closed on 31/03/2025

Moray

(B4). The number of Child ADHD Assessments undertaken in that period

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

(B5). The number of Children waiting for an ADHD Assessment at the end of that period.

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held.

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

(B6). The number of Children waiting for an ADHD Assessment as of the date of receipt of this FOI request.

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held. In NHS Grampian CAMHS, all patients are seen via a 1st appointment (Choice appointment) initially which includes all patients referred to CAMHS and is not specific to those awaiting a neurodevelopmental assessment (including assessments for ADHD).

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A

Moray

N/A

If it does not take us over the FOI cost threshold, then please can we ask similar questions for the prior public sector year. For the period covering 1st April 2023 to 31st March 2024.

(B7). The number of Adult ADHD Assessments undertaken in that period

Aberdeen City

20

Aberdeenshire

Our system does hold this level of detail; s.17 of the Act refers - Information not held.

Moray

As A8 above.

(B8). The number of Adults waiting for an ADHD Assessment at the end of that period.

Aberdeen City

Our system cannot identify identification of ADHD referrals to other types of referral; s.17 of the Act refers - Information not held.

Aberdeenshire

Our system does hold this level of detail; s.17 of the Act refers - Information not held.

Moray

293

(B9). The number of Child ADHD Assessments undertaken in that period

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held. In NHS Grampian CAMHS, all patients are seen via a 1st appointment (Choice appointment) initially which includes all patients referred to CAMHS and is not specific to those awaiting a neurodevelopmental assessment (including assessments for ADHD).

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A

Moray

N/A

(B10). The number of Children waiting for an ADHD Assessment in that period.

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held. In NHS Grampian CAMHS, all patients are seen via a 1st appointment (Choice appointment) initially which includes all patients referred to CAMHS and is not specific to those awaiting a neurodevelopmental assessment (including assessments for ADHD).

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

If it does not take us over the FOI cost threshold, then please can we ask the same questions for the public sector, the year before the above. For the period covering 1st April 2022 to 31st March 2023.

(B11). The number of Adult ADHD Assessments undertaken in that period

Aberdeen City

0.

Aberdeenshire

Our system does hold this level of detail; s.17 of the Act refers - Information not held.

Moray

As A8 above.

(B12). The number of Adults waiting for an ADHD Assessment at the end of that period.

Aberdeen City

Please see answer to B8.

Aberdeenshire

Our system does hold this level of detail; s.17 of the Act refers - Information not held

Moray

174

(B13). The number of Child ADHD Assessments undertaken in that period

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held. In NHS Grampian CAMHS, all patients are seen via a 1st appointment (Choice appointment) initially which includes all patients referred to CAMHS and is not specific to those awaiting a neurodevelopmental assessment (including assessments for ADHD).

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate

out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

(B14). The number of Children waiting for an ADHD Assessment in that period.

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held. In NHS Grampian CAMHS, all patients are seen via a 1st appointment (Choice appointment) initially which includes all patients referred to CAMHS and is not specific to those awaiting a neurodevelopmental assessment (including assessments for ADHD).

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

If it does not take us over the FOI cost threshold, then please can we ask the same questions for the public sector, the year before the above. For the period covering 1st April 2021 to 31st March 2022.

(B15). The number of Adult ADHD Assessments undertaken in that period

Aberdeen City

0.

Aberdeenshire

0.

Moray

As A8 above.

(B16). The number of Adults waiting for an ADHD Assessment at the end of that period.

Aberdeen City

Please see answer to B8.

Aberdeenshire

0.

Moray

We only started accepting referrals for ADHD assessment in September 2021, so unable to provide prior to then; s.17 of the Act refers – Information not held. September onwards – 35.

(B17). The number of Child ADHD Assessments undertaken in that period

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held. In NHS Grampian CAMHS, all patients are seen via a 1st appointment (Choice appointment) initially which includes all patients referred to CAMHS and is not specific to those awaiting a neurodevelopmental assessment (including assessments for ADHD).

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A.

(B18). The number of Children waiting for an ADHD Assessment in that period.

CAMHS

We do not currently have the ability to separate out the requested data on our patient management system; s.17 of the Act refers – Information not held. In NHS Grampian CAMHS, all patients are seen via a 1st appointment (Choice appointment) initially which includes all patients referred to CAMHS and is not specific to those awaiting a neurodevelopmental assessment (including assessments for ADHD).

The majority of the patients referred to CAMHS are referred for multiple reasons which may or may not include Neurodevelopmental assessment and it is not possible to separate out those with a requirement for a Neurodevelopmental assessment (including ADHD) at the current time.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

Section C

If it does not take us over the FOI cost threshold, then please can we ask this

additional set of questions

(C1). Did you pay out under Right to Choose for Adult ADHD Assessments in the prior public sector year? If yes:

Aberdeen City

No.

Aberdeenshire

No.

Moray

No.

(C1-i) How many Adult ADHD Assessments were paid out under Right to Choose in the last public sector year (20024-25)

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

(C2-ii) What was the total value of Adult ADHD Assessments under Right to Choose in the last public sector year (20024-25).

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

(C2-iii) Please list the organisations you paid out for Adult ADHD Assessments under Right to Choose, alongside the total financial amount paid, and the quantity of Adult ADHD Assessments undertaken for the last public sector year (April 1st 2024- 31st March 2025).

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

(C2). Did you pay out under Right to Choose for Child ADHD Assessments in the prior public sector year? If yes:

CAMHS

The Right to Choose scheme is a provision in NHS England and is not applicable in Scotland.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A

(C1-i) How many Child ADHD Assessments were paid out under Right to Choose in the last public sector year (2024-25)

CAMHS

N/A.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A.

(C2-ii) What was the total value of Child ADHD Assessments under Right to Choose in the last public sector year (2024-25).

CAMHS

N/A.

Aberdeen City

N/A.

Aberdeenshire

N/A.

Moray

N/A.

(C2-iii) Please list the organisations you paid out for Child ADHD Assessments under Right to Choose, alongside the total financial amount paid, and the quantity of Child ADHD Assessments undertaken for the last public sector year (April 1st 2024- 31st March 2025).

CAMHS

N/A.

Aberdeen City

N/A

Aberdeenshire

N/A.

Moray

N/A.

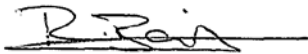
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Grampian has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request. Should you be unhappy with the outcome of that review you have a right to appeal to the Scottish Information Commissioner.

A request for review must be made within 40 working days and should, in the first instance, be in writing to: Directorate of Corporate Communications, Foresterhill House, Foresterhill, Aberdeen, AB25 2ZB or by email to gram.foi@nhs.scot

Requests for appeal can be made by using the Scottish Information Commissioner's online service at www.itspubliknowledge.info/Appeal or should be made in writing to: Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS Telephone: 01334 464610, Fax: 01334 464611.

If you remain dissatisfied following an appeal to the Scottish Information Commissioner your recourse is to the Court of Session on a point of law.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'R. Bains', with a horizontal line underneath.

Roohi Bains
Information Governance Manager & Deputy DPO
NHS Grampian