

Private & Confidential

Henry Shelford

Date: 20/05/2026

Your Ref:

Our Ref: **284-2026**

Enquiries to: Information Governance Office

Extension: 3031

Reception: 01851 708031

E-mail: wi.foi-requests@nhs.scot

Dear Requestor,

Request for information under the Freedom of Information (Scotland) Act 2002

Further to your recent enquiry under the Freedom of Information Act, received on **07/05/2026** please find our response below. In your request you asked for the following information:

I am writing to make a request under the Freedom of Information (Scotland) Act 2002 for the following information regarding ADHD assessments within NHS Western Isles.

Adult ADHD Assessments

- Q1 How many adults do you have waiting for an ADHD diagnosis at the moment?
- Q2 How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
- Q3 If an adult was referred to you now when would you expect them to be seen?
- Q4 Please describe your current Adult ADHD Assessment pathway.

Child ADHD Assessments

- Q5 How many children do you have waiting for an ADHD diagnosis at the moment?
- Q6 How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
- Q7 If a child was referred to you now when would you expect them to be seen?
- Q8 Please describe your current Child ADHD Assessment pathway.

- A1 There are 263 adults who are waiting for an ADHD assessment currently.**
- A2 14 adults were given an ADHD Assessment in the last year**
- A3 The adult ADHD service is currently in the process of developing a pathway. So currently cannot provide the expected waits to assess an adult for ADHD. But as an indicative measure it can be over 6 months.**

Oifisean Bòrd na Slàinte
37 Mol a Deas, Steòrnabhagh, Eileanan Siar, HS1 2BB

Headquarters
37 South Beach, Stornoway, Western Isles, HS1 2BB

Cathraiche: G. NicCannon
Ceannard an Gníomh: G. MacSheumais

Chair: Gillian McCannon
Chief Executive: Gordon Jamieson



Western Isles NHS Board is the common name of Western Isles Health Board

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NHS Western Isles will work actively with patients, the public and our partners to improve our community's health and wellbeing, to tackle inequalities, and to deliver high quality, reliable clinical services.

- A4** WI are currently in the process of developing a pathway, currently the referrals come via the core mental health team and await allocation when staff capacity allows.
- A5** Waiting for diagnosis (i.e. assessment completed and awaiting consultant for diagnosis or non-diagnosis): 18.
- A6** Assessments undertaken 1st April 2025 - 31st March 2026: 42
Diagnoses confirmed 1st April 2025 - 31st March 2026: 8
Assessed but did not meet diagnostic thresholds: 11
Assessment still ongoing (started in specified period, not ready for consultant appt yet e.g. awaiting further information from home/school): 5
- A7** If a child was referred to CAMHS by the neurodevelopmental assessment pathway for consideration of ADHD diagnosis then they would have an initial appointment within four weeks, as per CAMHS standards.
- A8** No referrals for single conditions, and referrals are not for CAMHS in first instance. Referrals are made to the neurodevelopmental assessment pathway who triage and consider information received at referral. If features congruent with ADHD, ND pathway requests full developmental history and once received, refer to CAMHS for biopsychosocial assessment to rule out any other explanations for ADHD-type behaviours. If no other explanation (e.g. psychiatric illness, clinically presenting more in keeping with ASC/ID, specific learning difficulties), then proceeds to Young-DIVA 5 interview, then to CAMHS Consultant for final decision on diagnosis.

If you are dissatisfied with the way NHS Western Isles has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request within 40 working days and we will respond within 20 working days of its receipt. For this review you should write to Information Governance Manager, NHS Western Isles, 37 South Beach, Stornoway Isle of Lewis, HS1 2BB stating clearly why you wish a review to be carried out.

If, following the outcome of a request for review, you are still dissatisfied you have the right to make an application for a decision by the Scottish Information Commissioner under section 47(1) of the Freedom of Information (Scotland) Act 2002 within 6 months of receiving the response to review letter. The Commissioner can be contacted at Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS or by telephone on 01334 464610 or via the website www.foi.scot/appeal.

If you have any further queries regarding this response, please do not hesitate to contact me.

Yours sincerely

CMacdonald

Carol Macdonald
Information Governance Manager