

Information Governance
Department
14 Lister Street
University Hospital Crosshouse
Crosshouse
Kilmarnock KA2 0BB



Henry Shelford
ADHD UK
research@adhduk.co.uk

Date 22 May 2026
Your Ref
Our Ref 0356-2026

Enquiries to Freedom of Information
Extension 26112
Direct line 01563 826112
E-mail foi@aapct.scot.nhs.uk

Dear Mr Shelford,

**REQUEST FOR INFORMATION
FREEDOM OF INFORMATION (SCOTLAND) ACT 2002**

Thank you for your request for the provision of the following information.

I am writing to make a request under the Freedom of Information (Scotland) Act 2002 for the following information regarding ADHD assessments within NHS Ayrshire and Arran.

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?

217 waiting for New ADHD Assessment appointment as of 30 April 2026

2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

Seven New ADHD Assessments

However, 58 Adults received an ADHD diagnosis, but the assessment may have been undertaken as part of ongoing assessment/management of adults with complex/severe mental health disorders or behaviours.

3. If an adult was referred to you now when would you expect them to be seen?

Average waiting as of 30 April 2026 - 115 weeks

Only referrals with co-morbidity and/or significant impact on functionality requiring an ADHD assessment are accepted currently.

4. Please describe your current Adult ADHD Assessment pathway.

Comprehensive ADHD Assessment
Formulation & Feedback
Consideration for medication management & monitoring

NEST support (third sector)

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment?

475 children/young people waiting for only ADHD Assessment as of 30 April 2026

874 children/young people waiting for ADHD/ASD assessment as of 30 April 2026

6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

30 ADHD Assessment only

38 ADHD/ASD Assessments

7. If a child was referred to you now when would you expect them to be seen?

Average Waiting Time – 147 weeks

Maximum Waiting Time – 255 weeks

8. Please describe your current Child ADHD Assessment pathway.

Referral to N-CAMHS following comprehensive assessment with Community CAMHS

Screeners to school/parent

History/Information gathering appointments

ADHD Assessment/s

Formulation & Feedback

Post Diagnostic Support

Medication Monitoring & Management

I trust this response is helpful. However, under the Freedom of Information (Scotland) Act 2002 if you are dissatisfied with our response you are entitled to request a review. A request for a review must be made in writing to Mrs Marie Lynch, Head of Information Governance and Data Protection Officer, NHS Ayrshire & Arran, 14 Lister Street, University Hospital Crosshouse, Kilmarnock, KA2 0BB or email DataProtectionOfficer@aapct.scot.nhs.uk, no later than 40 working days from 23 May 2026. You must provide your full name, an address for correspondence, details of your original request and say why you would like a review.

If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal appeal to the Scottish Information Commissioner at <https://www.foi.scot/appeal>

Please do not hesitate to contact me should you require any further advice or assistance.

Yours sincerely,

Tara Palmer LLM

Freedom of Information Officer

NHS Ayrshire & Arran