

Reference: FOI-HIOW-2605-065

Subject: ADHD Assessments

I can confirm that we have now completed the search for the information requested, please see responses below:

QUESTION	RESPONSE
Adult ADHD Assessments	
1. How many adults do you have waiting for an ADHD diagnosis at the moment?	There are approximately 15,871 people confirmed on the waiting list for an Adult ADHD assessment as of 17th January 2026
2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).	The provider (PHL) is currently conducting a data validation exercise and as a result, we are unable to share the requested data at this time
3. If an adult was referred to you now when would you expect them to be seen?	
4. Please describe your current Adult ADHD Assessment pathway.	Please see below steps within the Adults ADHD Assessment pathway: <ul style="list-style-type: none"> • Eligibility • Referral • Prioritisation • Screening and Triage • Evidence • Assessment • Report
5. Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?	Yes

<p>6. If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.</p>	<p>We are unable to share details or copies the indicative activity plans in place with providers. However, please see below list of providers that invoiced the ICB in March 2026.</p> <p><i>Please note: this list includes providers who deliver adult and / or children and young people assessment services.</i></p> <p>ADHD 360 Ltd Axia ASD Ltd Clinical Partners Ltd Evolve Psychology Services Ltd Harrow Health CIC Jajawi & Asker Ltd Mind Professionals Ltd Provide Wellbeing Ltd Psicon Ltd Psych-UK Ltd Skylight Psychiatry Ltd Teledoctor Ltd (Problem Shared) RTN Medical Ltd Holistic ADHD Solutions Ltd Centre for ADHD Research and Excellence (care ADHD) Held Health Your Patient Choice Ltd Kirsop Taylor Healthcare Ltd Oakdale CIC Atrom Mindcare Neurodiversity Assessment Ltd The Owl Centre Harley Street Mental Health Health Harmonie</p>
<p>Child ADHD Assessments</p>	
<p>1. How many children do you have waiting for an ADHD diagnosis at the moment?</p>	<p>There is approximately a total of 5686 children and young people waiting for an ADHD assessment at present.</p> <p>Included within the figure above is 867 children and young people waiting in Portsmouth. Please note that in Portsmouth, the assessment pathway considers both Autism and ADHD in one holistic assessment. All referrals received into the service are for a holistic neurodevelopmental assessment - the pathway is not separated into separate assessment waiting lists for Autism and ADHD.</p>

<p>2. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).</p>	<ul style="list-style-type: none"> • Isle of Wight - Between 1st April 2025 and 31st March 2026 – a total of 253 ADHD assessments were delivered. • Hampshire: 193 young people started an ADHD assessment between April 2025 - September 25 • The ICB does not hold data for Southampton and Portsmouth areas. <p>The provider may hold data for Southampton and Portsmouth areas as well as data for Hampshire between 1st October 2025 – 31st March 2026. Please see below contact details:</p> <ul style="list-style-type: none"> • Website: https://hiowhealthcare.nhs.uk/about-us/freedom-information • Email - hiowh.freedomofinformation@nhs.net
<p>3. If a child was referred to you now when would you expect them to be seen?</p>	<ul style="list-style-type: none"> • Isle of Wight - 118 weeks average time waited between referral date to assessment date (as of March 2026) • Hampshire – 130.2 weeks average wait for CYP referred for an ADHD assessment as of February 2026 • Southampton – 34.95 weeks average wait for CYP referred for an ADHD assessment as of February 2026 • Portsmouth - 69.14 weeks average wait for CYP referred for an ADHD assessment as of February 2026 – <i>In Portsmouth, the assessment pathway in Portsmouth considers both Autism and ADHD in one holistic assessment. All referrals received into the service are for a holistic neurodevelopmental assessment - the pathway is not separated into separate assessment waiting lists for Autism and ADHD).</i>
<p>4. Please describe your current Child ADHD Assessment pathway.</p>	<p>Please see below steps within the children and young people ADHD Assessment pathway:</p> <ul style="list-style-type: none"> • Referral received directly from healthcare, social care or education professional • Referral triaged by clinical team – exclusion criteria checked • Screened with Conners-4 questionnaires completed by parent / guardian and school / nursery • Descriptive information obtained by parent and school • Clinical diagnostic interview and assessment with parent / guardian and child – face to face or online (depending on suitability) • Feedback session at the end of the assessment – local and national signposting provided • Diagnostic report within 8 weeks of outcome • After report received, families can opt-in to an additional feedback session • Transfer to the treatment services for consideration of medication (if applicable).
<p>5. Do you have any indicative activity plans in place for Right to Choose ADHD Child Assessment providers?</p>	<p>Yes</p>

<p>6. If yes, to the above, please outline each indicative activity plan (for Child ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.</p>	<p>Please see response above within the table in the 'Adults ADHD Assessments' section – question 6.</p>
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The information provided in this response is accurate as of 26 May 2026 and has been authorised for release by Hampshire and Isle of Wight ICB.