

**Reference:** FOI-SYSX-2605-057

**Subject:** ADHD Assessments

*I can confirm that we have now completed the search for the information requested, please see responses below:*

| QUESTION  | SUSSEX RESPONSE  |
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| <b>Adult ADHD Assessments</b>   |  |
| <p>1. How many adults do you have waiting for an ADHD diagnosis at the moment?</p>                                | <p>The ICB does not hold this specific information. We suggest you contact Sussex Partnership NHS Foundation Trust (SPFT), ADHD 360, Psicon and Psychiatry UK as they may be able to further assist with your query.</p> <p><a href="https://www.sussexpartnership.nhs.uk/about-us/contact-us/freedom-information">https://www.sussexpartnership.nhs.uk/about-us/contact-us/freedom-information</a><br/> <a href="https://www.adhd-360.com/">https://www.adhd-360.com/</a><br/> <a href="https://www.psicon.co.uk/">https://www.psicon.co.uk/</a><br/> <a href="https://psychiatry-uk.com/right-to-choose-asd/">https://psychiatry-uk.com/right-to-choose-asd/</a></p> <p>People living in Sussex may wish to be referred to a Right to Choose (RTC) provider. Framework contracted providers (commissioned by the NHS in England) information is available on the ICB website and we suggest you contact these providers direct as they may be able to further assist with your query:</p> <p><a href="https://www.sussex.ics.nhs.uk/our-work/cyp/special-educational-needs-and-disability-send/waiting-neurodevelopmental/nhs-rtc-framework/">https://www.sussex.ics.nhs.uk/our-work/cyp/special-educational-needs-and-disability-send/waiting-neurodevelopmental/nhs-rtc-framework/</a></p> |
| <p>2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).</p>      | <p>Please see answer to question 1.</p>  |
| <p>3. If an adult was referred to you now when would you expect them to be seen?</p>                              | <p>Please see answer to question 1.</p>  |
| <p>4. Please describe your current Adult ADHD Assessment pathway.</p>   | <p>NHS Sussex commissions a number of routes for adults seeking ADHD assessment and diagnosis, recognising differing levels of need, demand, and patient choice.</p> <p>Referrals are generally made via primary care to an appropriate provider that takes into account patient choice.</p>   |
| <p>5. Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?</p> | <p>Currently indicative activity plans have not been issued to any of the Sussex ADHD providers.</p>   |

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| <p>6. If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.</p> | <p>N/A</p>  |
| <p><b>Child ADHD Assessments</b></p>   |   |
| <p>1. How many children do you have waiting for an ADHD diagnosis at the moment?</p>   | <p><b>Children and young people</b><br/>         The ICB does not hold this specific information. We suggest you contact Sussex Partnership NHS Foundation Trust (SPFT), ADHD 360, and Psicon as they may be able to further assist with your query.</p> <p><a href="https://www.sussexpartnership.nhs.uk/about-us/contact-us/freedom-information">https://www.sussexpartnership.nhs.uk/about-us/contact-us/freedom-information</a><br/> <a href="https://www.adhd-360.com/">https://www.adhd-360.com/</a><br/> <a href="https://www.psicon.co.uk/">https://www.psicon.co.uk/</a></p> |
| <p>2. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).</p>   | <p>Please see answer to question 1.</p>   |
| <p>3. If a child was referred to you now when would you expect them to be seen?</p>  | <p>Please see answer to question 1.</p>   |
| <p>4. Please describe your current Child ADHD Assessment pathway.</p>  | <p>NHS Sussex currently commissions a number of routes for children and young people seeking ADHD assessment and diagnosis, recognising differing levels of need, demand, and clinical complexity.</p> <p>Referrals are generally made via primary care, schools, or other professionals working with the child or young person.</p>  |
| <p>5. Do you have any indicative activity plans in place for Right to Choose ADHD Child Assessment providers?</p>  | <p>Currently indicative activity plans have not been issued to any of the Sussex ADHD providers.</p>  |
| <p>6. If yes, to the above, please outline each indicative activity plan (for Child ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.</p> | <p>Not applicable.</p>  |

*The information provided in this response is accurate as of 22 May 2026 and has been authorised for release by NHS Surrey and Sussex ICB.*