

Ein cyf/Our ref: FOI/20375/26
Gofynnwch am/Please ask for: FOI Team
Rhif Ffôn /Telephone: 01267 239730
E-bost/E-mail: foi.hyweldda@wales.nhs.uk
Dyddiad/Date: 27 May 2026

Bwrdd Iechyd Prifysgol Hywel Dda
Swyddfeydd Corfforaethol
Ail Llawr
Bloc C
Adeiladau'r Llywodraeth
Teras Picton
Caerfyrddin
SA31 3BT

Hywel Dda University Health Board
Corporate Offices
Second Floor
Block C
Government Buildings
Picton Terrace
Carmarthen
SA31 3BT

Henry Shelford
By email: research@adhduk.co.uk

Dear Henry

Information requested under the Freedom of Information Act 2000

Further to your request of 6 May 2026, in relation to Attention Deficit Hyperactivity Disorder (ADHD) assessments, I am now able to provide you with a response.

Your request

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?
2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
3. If an adult was referred to you now when would you expect them to be seen?
4. Please describe your current Adult ADHD Assessment pathway.

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment?
6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
7. If a child was referred to you now when would you expect them to be seen?
8. Please describe your current Child ADHD Assessment pathway.



Our response

1. Hywel Dda University Health Board (UHB) confirms that five thousand, five hundred and twenty-nine (5,529) adults were waiting for an ADHD assessment, as at 30 April 2026.
2. The UHB confirms that fifteen (15) adult ADHD assessments were undertaken during the 2025/26 financial year.
Please note: the number of assessments undertaken is due to service demand and limited capacity within the clinical team as the focus has been on titration.
3. & 4. The UHB has applied an exemption under Section 21 of the Freedom of Information Act 2000 (FoIA) as the information requested is already in the public domain and is accessible by another means. Details on adult ADHD referrals is available on the UHB's adult ADHD webpage. A link to the webpage has been provided below.

[Adult ADHD - Hywel Dda University Health Board](#)

5. The UHB confirms that one thousand, one hundred and sixty-seven (1,167) children and young people (CYP) were waiting for an ADHD assessment, as at 30 April 2026.
6. The UHB confirms that five hundred and fifty-eight (558) CYP ADHD assessments were undertaken during the 2025/26 financial year.
7. & 8. An exemption under Section 21 of the FoIA has been applied. Details on CYP ADHD referrals is available on the UHB's children ADHD webpage. A link to the webpage has been provided below.

[Children ADHD - Hywel Dda University Health Board](#)

I trust this provides you with the information you require. However, should you be dissatisfied with the way your request has been handled by the UHB, or you have other concerns, you have the right to appeal. To request an internal review of our decision, you should apply in writing, within forty (40) working days of the date of this response to:

Executive Director of Nursing, Quality and Patient Experience
Hywel Dda University Local Health Board
Second Floor
Block C
Government Buildings
Picton Terrace
Carmarthen
Carmarthenshire
SA31 3BT

If following your review you remain dissatisfied with the outcome of your appeal, you may apply directly to the Information Commissioner's Office (ICO) for a decision. Generally, the



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Hywel Dda
University Health Board

ICO cannot make a decision unless you have exhausted the appeals procedure provided by Hywel Dda University Health Board.

The Information Commissioner can be contacted at:

The Information Commissioner's Office
2nd Floor, Churchill House
Churchill Way
Cardiff
CF10 2HH

Most of the information provided by the UHB in response to Freedom of Information Act 2000 requests will be subject to copyright protection. In most cases the copyright will be owned by Hywel Dda University Local Health Board. The copyright in other information may be owned by another person or organisation, as indicated on the information itself.

You are free to use any information supplied for your own non-commercial research or private study purposes. The information may also be used for any other purpose allowed by a limitation or exception in copyright law, such as news reporting. However, any other type of re-use, for example by publishing the information in analogue or digital form, including on the internet, will require the permission of the copyright owner.

For information where the copyright is owned by Hywel Dda University Local Health Board, details of the conditions for re-use can be found on our website at [Reuse of the information we provide - Hywel Dda University Health Board \(nhs.wales\)](#). For information where the copyright is owned by another person or organisation you must apply to the copyright owner to obtain their permission.

Yours sincerely

Y Tîm Rhyddid Gwybodaeth /The Freedom of Information Team