

Freedom of Information Request – Reference: FOI-2605-09

Subject: ADHD Assessments Adults and Children

Request:		ICB Response
I am writing to make a request under the Freedom of Information Act 2000 for the following information regarding ADHD assessments within NHS Central East ICB.		
	Adult ADHD Assessments	
1.	How many adults do you have waiting for an ADHD diagnosis at the moment?	This information is held by the service provider that delivers adult ADHD diagnostic services.
2.	How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).	The ICB does not hold this information.
3.	If an adult was referred to you now when would you expect them to be seen?	We are currently reviewing the adult ADHD pathway, including associated waiting times. As this work is ongoing, we are unable to provide a specific timeframe for when a newly referred adult would be seen.
4.	Please describe your current Adult ADHD Assessment pathway.	The Adult ADHD Assessment pathway is currently under review. As this work is ongoing, we are not able to provide a detailed description of the pathway.
5.	Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?	As the Adult ADHD pathway is currently under review, no activity planning assumptions or projections have been finalised at this stage.

6.	If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.	
7.	<p style="text-align: center;">Child ADHD Assessments</p> <p>How many adults do you have waiting for an ADHD diagnosis at the moment?</p>	This information is held by the service provider that delivers child ADHD diagnostic services.
8.	How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).	The ICB does not hold this information.
9.	If an adult was referred to you now when would you expect them to be seen?	We are currently reviewing the child ADHD pathway, including associated waiting times. As this work is ongoing, we are unable to provide a specific timeframe for when a newly referred child would be seen.
10.	Please describe your current Adult ADHD Assessment pathway.	ADHD assessments are delivered in line with NICE guidelines
11.	Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?	No
12.	If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.	N/A

The above information is correct at: 01.06.2026