

## **FREEDOM OF INFORMATION (SCOTLAND) 2002**

Thank you for your email, dated 6 May where you requested information through the Freedom of Information (Scotland) Act 2002. Please find below responses to the questions you raised.

### **Adult ADHD Assessments**

- 1. How many adults do you have waiting for an ADHD diagnosis at the moment?**  
**NHS Dumfries and Galloway do not have an adult ADHD service; therefore, this request is refused under section 17 of FOISA.**
- 2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).**  
**NHS Dumfries and Galloway do not hold this information; therefore, this request is refused under section 17 of FOISA.**
- 3. If an adult was referred to you now when would you expect them to be seen?**  
**NHS Dumfries and Galloway do not hold this information; therefore, this request is refused under section 17 of FOISA.**
- 4. Please describe your current Adult ADHD Assessment pathway**  
**Please see attached pathway. Criteria is based on an individual having co-morbid mental health issues that require input from secondary care mental health services and with severity of daily functioning.**

### **Child ADHD Assessments**

- 5. How many children do you have waiting for an ADHD diagnosis at the moment?**  
**67 children under active ADHD assessment**
- 6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).**  
**NHS Dumfries and Galloway ADHD Assessment in the last year - 146.**
- 7. If a child was referred to you now when would you expect them to be seen?**  
**Approx 8 week for their initial appointment.**
- 8. Please describe your current Child ADHD Assessment pathway.**  
**Initial assessment with CAMHS**  
**If ADHD assessment identified...**
  - Developmental history is obtained**
  - Specific ADHD assessment paperwork is sent to home and school**

- **Recorded clinical observations of presentation in clinic assessments**
- If further information is required...**
- **CONNERS 4**
  - **Classroom observations**

**All assessment information is formulated and discussed with MDT (Consultant psychiatrist, ADHD nurse, assessing nurse) and if diagnostic criteria appears to meet they will meet with a consultant psychiatrist, doctor or ADHD nurse to go over information, get further clinical assessment and make diagnostic decision.**

Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Dumfries and Galloway has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commissioner.

A request for review must be made within forty working days from 03 June 2026 and should, in the first instance, be in writing to Julie White, Chief Executive, NHS Dumfries and Galloway, Ground Floor North, Mountainhall Treatment Centre, Bankend Road, Dumfries DG1 4AP or by e-mail to [dg.feedback2@nhs.scot](mailto:dg.feedback2@nhs.scot). You must provide your name, an address for correspondence, details of your original request and why you want a review.

If our decision is unchanged following review and you remain dissatisfied with this, you have the right to make a formal appeal to the Scottish Information Commissioner. Requests for appeal should be made in writing to the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS, telephone 01334 464610, fax 01334 464611 or email: [enquiries@FOI.scot](mailto:enquiries@FOI.scot)

Yours sincerely



Freedom of Information Officer