

FOI Request: ADHD Assessments: NHS Essex ICB
Our Reference Number: 2627053

Date: 3rd June 2026

Further to your requests made to **Essex Integrated Care Board** for information relating to the above and pursuant to the Freedom of Information Act 2000, please see the organisation's response below:

I am writing to make a request under the Freedom of Information Act 2000 for the following information regarding ADHD assessments within NHS Essex ICB.

Adult ADHD Assessments

- 1. How many adults do you have waiting for an ADHD diagnosis at the moment?**
The ICB does not hold current data, as of May 2025, data received showed 11,191 adults waiting.
Referrals for ADHD assessment and diagnosis are subject to patient choice and patients may not be referred through ICB commissioned pathways.
- 2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).**
The ICB does not hold this information, please contact the providers directly.
- 3. If an adult was referred to you now when would you expect them to be seen?**
The ICB does not deliver clinical services and would not receive or accept referrals, please contact the providers directly
- 4. Please describe your current Adult ADHD Assessment pathway.**
Essex Partnership University Trust is the NHS commissioned pathway for people over 18 years of age seeking assessment for ADHD. Please contact them for a detailed description of the pathway model.
- 5. Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?**
There are no Indicative Activity Plans in place currently.
- 6. If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.**
N/A

Child ADHD Assessments

- 7. How many children do you have waiting for an ADHD diagnosis at the moment?**
The current data available to Essex ICB shows 4,423.



Please note that the ICB does not currently hold this specific set of data for Mid Essex or North East Essex. This data covers West Essex, South West Essex and South East Essex.

8. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

The current data available to Essex ICB shows the total number of pathways completed for children with ADHD is 640.

Please note that the ICB does not currently hold this specific set of data for Mid Essex or North East Essex. This data covers West Essex, South West Essex and South East Essex.

9. If a child was referred to you now when would you expect them to be seen?

The ICB do not deliver a clinical service and would not accept referrals. Please re-direct this query to the providers.

10. Please describe your current Child ADHD Assessment pathway.

Essex ICB has commissioned services for Autism and ADHD assessment for Children and Young People aged 6-18yrs. To date there are six additional Providers who offer all their services within an NHS Qualifying Contract, following a due diligence process to provide assurance to the ICB, and the full service from assessment, psychoeducational support to treatment and medication.

Mid and South Essex

In addition, we have commissioned Mycarebridge, an online portal for Children and Young Peoples neurodevelopment in Mid and South Essex and this service has an age referral criterion of 3-19yrs for Autism Assessments and 6-19yrs for ADHD assessments. A GP, School or other Health Professional can make referrals:

[Referral process | NELFT NHS Foundation Trust](#)

[EPUT Referral Process](#)

[Provide Referral Process](#)

West Essex

HCRG are commissioned to deliver the ADHD Assessment Pathway.

North East Essex

ESNEFT are commissioned to deliver the ADHD Assessment Pathway.

[ESNEFT Referral Process](#)

Please contact the providers directly if you require further information on the assessment pathway.

11. Do you have any indicative activity plans in place for Right to Choose ADHD Child Assessment providers?

No indicative activity plans are in place with the ICB commissioned or accredited providers.

12. If yes, to the above, please outline each indicative activity plan (for Child ADHD Assessment providers) that you have in place. Including the name of the provider and

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the activity plan they are to adhere to.

N/A

If you are dissatisfied with the response you have received, you have the right to request a review of our decision or make a complaint about how your request has been handled. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. Any such request received after 40 working days will only be considered at the discretion of the organisation.

If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Information Commissioner who can be contacted at:
Information Commissioners Office, Wycliffe House, Water Lane, Wilmslow, Cheshire SK9 5AF.

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www.nationautoarchives.gov.uk/doc/open-government-licence/

Should you require any further information, please do not hesitate to contact the FOI team via the methods above.

Yours sincerely,

Jimmy Allimadi
FOI Officer

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