



Ref: HNY 2012

15 June 2026

Henry Shelford
research@adhduk.co.uk

Freedom of Information

Health House
Grange Park Lane
Willerby, HU10 6DT
Tel: 01482 672191

Email: hnyicb.foi@nhs.net
<https://humberandnorthyorkshire.icb.nhs.uk/>

Dear Henry Shelford

Your Request for Information

Please find below the response to your recent request for information under the Freedom of Information Act 2000 (FOI), which was received on 6 May 2026.

Information Requested/Response

NHS Humber and North Yorkshire Integrated Care Board (ICB) can confirm it holds some of the requested information as follows:

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?
 - 2,377 waiting for assessment
 - One Provider has been experiencing technical issues and has been unable to supply waiting list data for the last few months. The last update (Sep-25) showed 946 adults waiting for an ADHD assessment.
2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

The information the ICB holds in relation to this question covers activity at only two of four Mental Health providers covering the areas of North and North East Lincolnshire. These providers completed 24 Assessments in the period requested. This figure should not be taken as representative of overall ICB activity, nor should it be used to extrapolate an ICB position.
3. If an adult was referred to you now when would you expect them to be seen?
 - The ICB can confirm it does not hold this information, however, by way of advice and assistance under Section 16 of the FOI Act, the ICB can provide the following data for 2 of the ICB's providers; there are a total of 1,131 still

waiting 52+ weeks for assessment, and 663 still waiting 104+ weeks for assessment.

4. Please describe your current Adult ADHD Assessment pathway.
NHS Humber and North Yorkshire ICB can confirm that it does not hold this information, providers of these services within the ICB area may hold the information you have requested, if you have not already done you may wish to write to them. A list of our local Mental Health providers can be found at the link below:

<https://humberandnorthyorkshire.org.uk/about-us/our-partners/>

Please note, clicking on the providers' names and/or logos will direct you to their website where you can find their contact details.

1. Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?
The ICB does not currently have any Indicative Activity Plans (IAPs) in place for Right to Choose ADHD Adult Assessment providers. By way of advice and assistance under Section 16 of the FOI Act the ICB can advise, IAPs are in the process of being finalised and agreed with our largest Right to Choose ADHD Adult Assessment providers.
2. If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.
Not applicable, please see response to question 5 above.

Child ADHD Assessments

7. How many children do you have waiting for an ADHD diagnosis at the moment?
 - 3,028
 - This does not include children waiting for a neuro assessment, which can be Autism, ADHD, or both. Some Providers cannot split children's data for Autism & ADHD, and they are grouped as Neuro referrals.
8. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
 - 981
 - This does not include children waiting for a neuro assessment, which can be Autism, ADHD, or both. Some Providers cannot split children's data for Autism & ADHD, and they are grouped as Neuro referrals.

9. If a child was referred to you now when would you expect them to be seen?
- The ICB can confirm it does not hold this information, however, by way of advice and assistance under Section 16 of the FOI Act, the ICB can provide the following data; currently 1,169 still waiting 52+ weeks and 272 still waiting 104+ weeks.
 - This does not include children waiting for a neuro assessment, which can be Autism, ADHD, or both. Some Providers cannot split children's data for Autism & ADHD, and they are grouped as Neuro referrals.

10. Please describe your current Child ADHD Assessment pathway.

NHS Humber and North Yorkshire ICB can confirm that it does not hold this information, providers of these services within the ICB area may hold the information you have requested, if you have not already done you may wish to write to them. A list of our local Mental Health providers can be found at the link below:

<https://humberandnorthyorkshire.org.uk/about-us/our-partners/>

Please note, clicking on the providers' names and/or logos will direct you to their website where you can find their contact details.

11. Do you have any indicative activity plans in place for Right to Choose ADHD Child Assessment providers?

The ICB does not currently have any IAPs in place for Right to Choose ADHD Child Assessment providers. By way of advice and assistance under Section 16 of the FOI Act the ICB can advise, IAPs are in the process of being finalised and agreed with our largest Right to Choose ADHD Child Assessment providers.

12. If yes, to the above, please outline each indicative activity plan (for Child ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.

Not applicable, please see response to question 11 above.

The information provided to you is copyrighted to NHS Humber and North Yorkshire Integrated Care Board (ICB) and provided to you free of charge for your personal use or for other specific uses permitted in the Copyright Act. If, however, you wish to use the information provided for any commercial purposes including the sale of the information to a third party, under the Regulations on the Re-use of Public Sector Information Regulations 2015, you must ask us for permission to do so in respect of each specific piece of such information. If permission is granted, it may involve a licensing arrangement which may attract a fee. Should you wish to apply for permission for commercial re-use under the Regulations you should write to the Freedom of Information Delivery Manager at the address above.

If you have any concerns about the way your request has been handled, the response received, the exemption(s) applied or the Publication Scheme, please contact the FOI Team in the first instance to resolve them or to request an internal review. This should be within two months of receiving this response.

Following this, if you are not happy with the outcome of the internal review, you can contact the Information Commissioner:

FOI/EIR Complaints Resolution
Information Commissioner's Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF

Helpline telephone: 0303 123 1113

Please do not hesitate to contact the team should you need any further assistance. You can find out more information about NHS Humber and North Yorkshire ICB by visiting our website at: <https://humberandnorthyorkshire.icb.nhs.uk/>

Yours sincerely

Freedom of Information Team

NHS Humber and North Yorkshire Integrated Care Board