

Cais Rhyddid Gwybodaeth / Freedom of Information request

Ein Cyf / Our Ref: 26-E-016

Dyddiad / Date: 16 June 2026

Thank you for your request for information. Please find below our response.

Request and response:

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?

Adult patients referred for ADHD are managed in alignment with standard mental health outpatient pathways, as there is currently no dedicated ADHD pathway in place. The first appointment is recorded on our patient information system as a new mental health outpatient appointment. The initial ADHD assessment is then captured as part of the follow-up pathway.

As at the 8th of May 2026 the numbers waiting for adult mental health which include adults referred for an ADHD assessment is 4,308.

2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

This information is not held centrally. To obtain this information would involve a manual trawl and search of records which we have estimated would significantly exceed the 18 hours limit set down by the FOI Act as the reasonable limit. Section 12 of the FOI Act and The Freedom of Information and Data Protection (Appropriate Limit and Fees) Regulation 2004 provides that we are not obliged to spend in excess of 18 hours in any sixty day period locating, retrieving and identifying information in order to deal with a request for information and therefore we are withholding this information at this time.

3. If an adult was referred to you now when would you expect them to be seen?

Waiting times vary depending on clinical need and service demand. The longest reported waiting time is currently approximately 2 years and 15 weeks. However, patients may be assessed and seen earlier where their clinical presentation is deemed urgent or where prioritisation is required based on risk.



4. Please describe your current Adult ADHD Assessment pathway.

ADHD patients are currently managed in line with the standard mental health pathway, as there is no dedicated ADHD-specific pathway in place at present.

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment?

As at 30th April 2026, 549 children were waiting for an ADHD diagnosis.

6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

This information is not held centrally. To obtain this information would involve a manual trawl and search of records which we have estimated would significantly exceed the 18 hours limit set down by the FOI Act as the reasonable limit. Section 12 of the FOI Act and The Freedom of Information and Data Protection (Appropriate Limit and Fees) Regulation 2004 provides that we are not obliged to spend in excess of 18 hours in any sixty day period locating, retrieving and identifying information in order to deal with a request for information and therefore we are withholding this information at this time.

7. If a child was referred to you now when would you expect them to be seen?

Approximately 32 months

8. Please describe your current Child ADHD Assessment pathway

- School based referral typical- to include Pupil Profile , qualitative signs and Symptoms of ADHD , quantitative signs and symptoms including ADHD Screening questionnaire (SNAP), other information that could account for difficulties.
- Referral received by Neurodevelopment (ND) Service – Triaged- If Accepted, placed on waiting list. If Declined- letter sent out stating reasons
- 6 months before review- referred for routine ADHD medical
- Prior to Initial assessment -request from school for up to date pupil profile including SNAP (aim for within 6 months of initial assessment)
- Appointed to Psychiatrist. File prepared prior to review. Diagnosis usually at end of initial appointment , with feedback of diagnosis at the time. If uncertainty regarding diagnosis , usually on basis of inconsistencies between home and second setting , we may request a test using QBtest software or an ADHD teacher telephone interview (ATTI).

Rydym yn croesawu gohebiaeth yn y Gymraeg neu'r Saesneg. Atebir gohebiaeth Gymraeg yn y Gymraeg, ac ni fydd hyn yn arwain at oedi. We welcome correspondence in Welsh or English. Welsh language correspondence will be replied to in Welsh, and this will not lead to a delay.

Cadeirydd/Chair: Jan Williams Prif Weithredwr/Chief Executive: Abigail Harris

Pencadlys BIP Bae Abertawe, Un Porthfa Talbot, Port Talbot, SA12 7BR

Bwrdd Iechyd Prifysgol Bae Abertawe yw enw gweithredu Bwrdd Iechyd Lleol Prifysgol Bae Abertawe

Swansea Bay UHB Headquarters, One Talbot Gateway, Port Talbot, SA12 7BR

Swansea Bay University Health Board is the operational name of Swansea Bay University Local Health Board



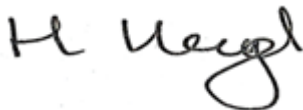
- If a Qbtest is required, we arrange discussion with Qbtest consultant service before multidisciplinary team (MDT) discussion, followed by feedback.
- Patients then placed on Psychoeducation waiting list. Patients are placed on a routine waiting list (unless patient/family clear at outset that medication is not required) for a subsequent medication trial.

I hope this information is helpful. If you require anything further, please contact us at FOIA.Requests@wales.nhs.uk.

Under the terms of the Health Board's Freedom of Information policy, individuals seeking access to recorded information held by the Health Board are entitled to request internal review of the handling of their requests. If you would like to complain about the Health Board's handling of your request, please contact me directly at the address below or register your complaint via FOIA.Requests@wales.nhs.uk.

If after Internal Review you remain dissatisfied you are also entitled to refer the matter to the information commissioner at the Information Commissioner's Office (Wales), 2nd Floor, Churchill House, Churchill Way, Cardiff, CF10 2HH. Telephone Number: 0330 414 6421.

Yours sincerely



Hazel Lloyd
Director of Corporate Governance

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