

**Freedom of Information Request – Reference: FOI-2605-09**

**Subject: ADHD Assessments Adults and Children**

Request:		
I am writing to make a request under the Freedom of Information Act 2000 for the following information regarding ADHD assessments within NHS Central East ICB.	ICB Response	
1.	<p style="text-align: center;"><b>Adult ADHD Assessments</b></p> <p>How many adults do you have waiting for an ADHD diagnosis at the moment?</p>	<p>This information is held by the service provider that delivers adult ADHD diagnostic services.</p> <p><b><u>BLMK</u></b></p> <p>East London Foundation Trust</p> <p><b><u>C&amp;P</u></b></p> <p>Skylight Psychiatry Owl Centre The Centre for ADHD Harrow Health Modality LLP Harley Mental Health Ltd Eton Psychiatrists</p> <p><b><u>Herts</u></b></p> <p>Hertfordshire Partnership University NHS Foundation Trust</p>

2.	How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).	The ICB does not hold this information. Please contact the providers listed.
3.	If an adult was referred to you now when would you expect them to be seen?	We are currently reviewing the adult ADHD pathway, including associated waiting times. As this work is ongoing, we are unable to provide a specific timeframe for when a newly referred adult would be seen.
4.	Please describe your current Adult ADHD Assessment pathway.	The Adult ADHD Assessment pathway is currently under review. As this work is ongoing, we are not able to provide a detailed description of the pathway.
5.	Do you have any indicative activity plans in place for Right to Choose ADHD Adult Assessment providers?	As the Adult ADHD pathway is currently under review, no activity planning assumptions or projections have been finalised at this stage.
6.	If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of the provider and the activity plan they are to adhere to.	N/A
7.	<p style="text-align: center;"><b>Child ADHD Assessments</b></p> <p>How many children do you have waiting for an ADHD diagnosis at the moment?</p>	<p>This information is held by the service provider that delivers child ADHD diagnostic services.</p> <p><b><u>BLMK &amp; C&amp;P</u></b></p> <p>Central and North West London Foundation Trust  East London Foundation Trust  East of England Community Services</p> <p><b><u>Herts</u></b></p> <p>Hertfordshire Partnership University Foundation Trust  East and North Hertfordshire Teaching NHS Trust</p>

8.	How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).	The ICB does not hold this information. Please contact the providers listed.
9.	If a child was referred to you now when would you expect them to be seen?	We are currently reviewing the child ADHD pathway, including associated waiting times. As this work is ongoing, we are unable to provide a specific timeframe for when a newly referred child would be seen.
10.	Please describe your current child ADHD Assessment pathway.	ADHD assessments are delivered in line with NICE guidelines
11.	Do you have any indicative activity plans in place for Right to Choose ADHD child Assessment providers?	No
12.	If yes, to the above, please outline each indicative activity plan (for Adult ADHD Assessment providers) that you have in place. Including the name of child provider and the activity plan they are to adhere to.	N/A

**The above information is correct at: 21.06.2026**