



Northamptonshire Healthcare

NHS Foundation Trust

The Freedom of Information Team
Information Governance Team Office
1st Floor Haylock House
Kettering Venture Park
Kettering NN15 6EY

 03000 111 133 (voicemail only)

 foi@nhft.nhs.uk

26 June 2026

ADHD UK

Sent by email only to: research@adhd.uk

Dear Requester,

Freedom of Information Act 2000 request: FOI0626027

With reference to your request for information made under section 1(1) of the Freedom of Information Act: we set out below your request together with the Trust's response (in line, in emboldened italics where appropriate):

You asked:

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?
2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
3. If an adult was referred to you now, when would you expect them to be seen?
4. Please describe your current Adult ADHD Assessment pathway.

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment?
6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
7. If a child was referred to you now, when would you expect them to be seen?
8. Please describe your current Child ADHD Assessment pathway.

Interim Chair: Faisal Hussaini

Chief Executive: Angela Hillery

Trust Headquarters: St Mary's Hospital, London Road, Kettering NN15 7PW Tel: 01536 410141 Fax: 01536 452040

Follow us on Twitter: @NHFTNHS / Pinterest: @NHFTNHS / Instagram: NHFTNHS

Find us on Facebook and LinkedIn: Northamptonshire Healthcare NHS Foundation Trust

Our response

Trust responses are summarised below: responses to Qs 3 and 7 have been determined by the most recent RTT (Referral to Treatment) statistics.

* Please note that CYP data notes referrals for Children’s ADHD/ASD Service only (over 11 years old) only; it does not include any referrals from the wider Consultant Community Paediatrics service.

Questions Numbered:	Required Data	Adult data	CYP data *
1 & 5	Number of individuals awaiting ADHD diagnosis	1104	1256
2 & 6	Number of ADHD assessments delivered in 2025/26	1479	336
3 & 7	For referrals received in May 2026, the expected date of their first appointment would likely be	October 2027	July 2027

Q4 Adult ADHD Assessment pathway:

- Referral received via GP or other healthcare professional
- Referral is clinically triaged and progressed as appropriate
- First contact screening appointment offered and, if deemed clinically appropriate to proceed, patient will be offered a full diagnostic assessment
- If assessment results in a positive diagnosis, treatment will be offered in a variety of formats, eg: Psychosocial Education, Medication (where appropriate), Signposting and Self-help strategies.
- Patient may then be transferred back to the care of the GP under a Shared Care Agreement

Q8 CYP ADHD Assessment pathway:

- Referral received via GP / other Healthcare Professional or School
- Referral is clinically triaged and progressed as appropriate
- Letter sent to Parent/Guardian (cc’ing Referrer) advising estimated wait time and signposting to available resources, pending appointment
- Service user will attend multidisciplinary assessment day commencing with Quantifiable Behaviour test.

- Full diagnostic assessment is completed by Paediatrician, Psychologist or Psychiatrist with relevant Nurse support for completion of the Diagnostic Interview for ADHD
- Dependent on outcome, Service user will be added to Non-medical Prescribing Medication Waiting List referred for appropriate ADHD treatment.

This concludes our response to your request for information. If you are unhappy with the reply, please forward your concerns to the address below to request an Internal Review, detailing your reasons for dis-satisfaction and these will be addressed accordingly.

Head of Data Privacy/Group Data Protection Officer
NHFT Information Governance Team Office
1st Floor Haylock House, Kettering Venture Park
Kettering
NN15 6EY

Alternatively, you may email your request to dpo@nhft.nhs.uk. Please note that any such request should be made within forty working-days of the date of this response; requests received after this period will not be considered.

If you are still not content with the outcome, you may apply directly to the Information Commissioner for a decision. Generally, the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by the Trust. The Information Commissioner can be contacted at:

The Information Commissioner's Office
Wycliffe House Water Lane
Wilmslow
SK9 5AF

Yours faithfully,

The Freedom of Information Team

Northamptonshire Healthcare NHS Foundation Trust

Information Governance Team Office
1st Floor Haylock House | Kettering Venture Park | Kettering | NN15 6EY

Email: foi@nhft.nhs.uk | Web: [Northamptonshire Healthcare - Home](https://www.nhft.nhs.uk)