

**FREEDOM OF INFORMATION REQUEST**

**Ref: DPT 26/27/091**

**Date: 29/06/2026**

Thank you for your request under the Freedom of Information Act.

**QUESTIONS**

**Adult ADHD Assessments**

1. How many adults do you have waiting for an ADHD diagnosis at the moment?

There are 5047 adults (aged 18+) currently in our ADHD Assessment waiting list.

2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

Devon Partnership NHS Trust's current system does not allow us to reliably distinguish between different types of appointments, and we are therefore unable to accurately identify diagnostic assessments. To be able to provide an accurate response would require the Trust to manually check all potential related patient records.

It is estimated that this would take in excess of 18 hours to extract and collate, accordingly this information is exempt under s.12 of the Freedom of Information Act as we estimate that the cost of complying with the request would exceed the appropriate limit under the Act.

3. If an adult was referred to you now when would you expect them to be seen?

Devon Partnership NHS Trust is unable to provide a precise estimate of waiting times due to a range of factors that influence when an individual may be seen.

Current waiting times are in excess of 5.5 years and are expected to increase.

4. Please describe your current Adult ADHD Assessment pathway.

Following a diagnosis of ADHD, individuals may be offered pharmacological treatment where this is clinically appropriate and in line with their preferences. Where medication is initiated, patients undergo a titration process to reach a stable and effective dose. Once stabilised, a shared care agreement request is sent to the individual's GP so they can carry on prescribing on our behalf. They are also added to our service's annual review register to enable follow-up, ideally at 12-month intervals.

For individuals who are not clinically suitable for pharmacological treatment or who choose not to pursue this option, they may be referred to our ADHD psychology service, which provides time-limited interventions and group workshops, subject to clinical suitability and service availability.

Information can also be found via our Website: <https://www.dpt.nhs.uk/service-details/service/devon-adult-autism-and-adhd-service-daana-20?term=ADHD>

### **Child ADHD Assessments**

5. How many children do you have waiting for an ADHD diagnosis at the moment?
6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).
7. If a child was referred to you now when would you expect them to be seen?
8. Please describe your current Child ADHD Assessment pathway.

Children's ADHD assessments are commissioned through community paediatrics, and we are therefore Devon Partnership NHS Trust are not the lead provider for this pathway.

Where a young person presents with co-morbid mental health needs, we would assess for ADHD as part of a broader assessment. However, as ADHD would not be the primary reason for referral, we would not hold specific waits or data

### **APPEALS PROCEDURE**

Any appeal against this decision should be made in writing to:

Chief Information Officer,  
Devon Partnership NHS Trust,  
Prentice Building,  
Langdon Hospital,  
Dawlish,  
EX7 0NR.

The decision will be reviewed and a response provided within 20 working days. If you remain unsatisfied by the decision a complaint may be made in writing to the Complaints/Litigation Administrator at the above address for the matter to be dealt with in accordance with the Trust complaints policy.

Alternatively, you have the right to complain to the Information Commissioner at: Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Tel: 0303 123 1113. For further information please refer to [www.ico.org.uk](http://www.ico.org.uk)