

FOI_1127_2026-27 – FOI Request concerning ADHD Assessments: Hampshire and Isle of Wight Healthcare NHS Foundation Trust

Please note, on 1st October 2024, Solent NHS Trust and Southern Health NHS Foundation Trust came together to form Hampshire and Isle of Wight Healthcare NHS Foundation Trust. This new Trust comprises all the services previously provided by Solent NHS Trust and Southern Health NHS Foundation Trust, as well as community, mental health and learning disability services previously provided by Isle of Wight NHS Trust. Any FOI requests relating to services previously provided by Southern Health NHS Foundation Trust, Solent NHS Trust or Isle of Wight NHS Trust will be handled by the FOI team for Hampshire and Isle of Wight Healthcare NHS Foundation Trust.

1. Adult ADHD Assessments

- a. **How many adults do you have waiting for an ADHD diagnosis at the moment?**
- b. **How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).**
- c. **If an adult was referred to you now, when would you expect them to be seen?**
- d. **Please describe your current Adult ADHD Assessment pathway.**

Please be advised that this FOI only applies to the Community Services on the Isle of Wight and therefore the answers below, only reflect this part of our Trust.

Following data migration of patients when legacy Isle of Wight NHS Trust moved over to legacy Southern Health NHS Foundation Trust, data relating to referrals made prior to 1 May 2024 is incomplete, therefore we are unable to provide a reliable figure for these questions above. Whilst referral dates were migrated, not all appointment information transferred accurately. As a result, we cannot confidently identify all patients awaiting assessment who were referred before this date.

The Adult ADHD service is currently undergoing a transition, with the service due to transfer to PHL imminently. As a result, the assessment pathway is currently under review and is expected to change shortly.

2. Child ADHD Assessments

- a. **How many children do you have waiting for an ADHD diagnosis at the moment?**

Southampton – 319

Portsmouth Neurodevelopmental – 24

Hampshire – We are unable to report.

Please note: This data is as of 31 May 2026.

- b. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).**

Southampton – 245
Portsmouth Neurodevelopmental - 203
Hampshire - 633

- c. If a child was referred to you now, when would you expect them to be seen?**

Southampton – Average waiting time to first assessment (Previous 12 months) – 80 weeks
Portsmouth Neurodevelopmental – Average waiting time to first assessment (Previous 12 months) – 74 weeks
Hampshire - Average waiting time to first assessment (Previous 12 months) – 112.7 weeks

- d. Please describe your current Child ADHD Assessment pathway.**

Please refer to attached documents:

-  Hampshire Pre ADHD Assessment Process
-  HIOWH Community CAMHS Team ADHD Assessment Process
-  Portsmouth ND pathway infographic
-  Southampton Patient Journey Flow Chart for ADHD Assessment June 26