

FOI 4229

ADHD Assessments

The Northern Trust does not have a commissioned service for Adult ADHD assessment or treatment.

The processes and approaches to the screening, assessment, and care and treatment of people referred for potential ADHD have been directed to the regional ADHD oversight group meeting chaired by the Department of Health.

1. How many adults do you have waiting for an ADHD diagnosis at the moment?

The Northern Trust does not hold a waiting list as we are not commissioned to provide this service.

2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

The Northern Trust does not have a commissioned service for Adult ADHD assessment or treatment.

3. If an adult was referred to you now when would you expect them to be seen?

The Northern Trust does not have a commissioned service for Adult ADHD assessment or treatment.

4. Describe your current Adult ADHD Assessment pathway.

The Northern Trust does not have a commissioned service for Adult ADHD assessment or treatment. The Northern Trust keeps a list of referrals received from primary care.

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment?

2,247 currently waiting to be seen for an initial appointment within the Paediatric ADHD Assessment Service.

6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

557 New appointments offered in the Paediatric ADHD Assessment Service from April 2025 - 31st March 2026.

7. If a child was referred to you now when would you expect them to be seen?

Longest wait for a child to be seen is 1049 days.

8. Describe your current Child ADHD Assessment pathway.

Each child from the point of referral will be invited to provide screening information to assist the referral. Once all information has been gathered and if they have met the criteria for the service, they will then be placed on the PAAS (Paediatric Autism Assessment Service) waiting list. The PAAS team will complete a comprehensive assessment who will then refer to colleagues within Acute Paediatrics for formal diagnosis and provide treatment options.