



Compassionate



Accountable



Optimistic



Sussex Partnership
NHS Foundation Trust

05/08/26

FOI 26.27-2316

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment?

13,212

2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

412

3. If an adult was referred to you now when would you expect them to be seen?

The Trust is unable to provide a predicted waiting time for an ADHD assessment, as waiting times vary depending on individual clinical need and the prioritisation of referrals based on clinical risk and urgency.

4. Please describe your current Adult ADHD Assessment pathway.

- **Referral received**
- **Triaged**
- **Added to wait list if appropriate**
- **Assessed**
- **Referred for treatment and/or medication**

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment?

6,169

6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026).

We are unable to provide this data as this is not centrally reported and would require a manual review of individual clinical records.

7. If a child was referred to you now when would you expect them to be seen?

Approx 4 years, currently assessing young people referred in 2022.

8. Please describe your current Child ADHD Assessment pathway.

- **Referral received**
- **Triaged**
- **Added to wait list if appropriate**
- **Assessed**
- **Referred for treatment and/or medication**