

Freedom of Information Request

Reference Number: [EPUT.FOI.26.4796](#)

Date Received: 16/07/2026

Information Requested:

Child ADHD Assessments

1. How many children do you have waiting for an ADHD diagnosis at the moment? [1475](#)

2. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026)? [we did 148 assessments on the ADHD pathway -](#)

3. If a child was referred to you now when would you expect them to be seen? [At our current level of assessments expected wait will be 9 + years based on last years number of assessments if referred in today](#)

4. Please describe your current Child ADHD Assessment pathway.
written in plain language for Freedom of Information (FOI) requests.

1. Referral and Initial Steps:

- Referral is received through MyCareBridge (MCB).
- Parent and school reports are requested automatically.
- The process aims to start and complete within 18 weeks (Referral to Treatment , RTT).

2. Screening:

- A clinician reviews the referral.
- If reports are not received within 4 weeks, the referral is closed and a letter is sent.
- If the referral does not meet agreed criteria, the process stops.

- **3. Pre-Diagnostic Support:**

- Families are offered support such as:
 - Online group workshops
 - Short educational videos
 - Advice and support lines
 - Information about third sector (charity) organisations

4. Assessment:

- Connors 4 questionnaires are sent out.
- The first diagnostic contact may include:
 - QB Test (attention and activity test)
 - Observations by specialist nurses or nursery nurses
 - Collecting measurements and information
 - Gathering the child or young person's views and developmental history

5. Diagnostic Outcome:

- If there is enough information, a diagnosis/or not is made (sometimes after a team review).
- A joint report is created.
- If more information is needed, a second appointment with a paediatrician or psychologist is arranged for a full examination and detailed history.

6. After Diagnosis:

- If ADHD is diagnosed:
 - The outcome is discussed with the family.
 - If medication is suggested and agreed, it is started and monitored according to shared care protocols.
 - If medication is not started, or if ADHD is not diagnosed, families may be referred or signposted to other services (such as CAMHS).
 - Preparation for adulthood and transfer to adult services is included as part of the pathway when appropriate
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Publication Scheme:

As part of the Freedom of Information Act all public organisations are required to proactively publish certain classes of information on a Publication Scheme. A publication scheme is a guide to the information that is held by the organisation. EPUT's Publication Scheme is located on its Website at the following link
<https://eput.nhs.uk>