

Bradford District Care NHS Foundation Trust
Information Governance Team
Unit 1, Four Lane Business Park
Barnes Road
Bradford
West Yorkshire
BD8 9RY

Our ref: FOI4132
Contact: Information Governance Team
E mail: foi.requests@bdct.nhs.uk
Date: 11/09/2026

www.bdct.nhs.uk

research@adhd.uk

Dear Henry Shelford

Freedom of Information Act 2000 – response to requestor

I am writing in respect of your recent enquiry for information held by the Trust under the provisions of the Freedom of Information Act 2000.

Please find the response below (Response in bold):

I am writing to make a request under the Freedom of Information Act 2000 for the following information regarding ADHD assessments within Bradford District Care NHS Foundation Trust.

Adult ADHD Assessments

1. How many adults do you have waiting for an ADHD diagnosis at the moment? - **2183 as per the BANDS ADHD – Initial Assessment waiting list on S1.**
2. How many adults were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026)? – **55 adults given an initial ADHD assessment in the date range given. In line with our commissioned capacity**
3. If an adult was referred to you now when would you expect them to be seen? – **Approx. 4 ½ years, longest waiting person as per S1 waiting list is 4y 38wks at time of writing.**
4. Please describe your current Adult ADHD Assessment pathway – **Patients are referred to BANDS ADHD with referral form requesting information necessary to triage. Referrals are initially screened for suitability and then discussed in a bi-weekly referral MDT where each referral**

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has an outcome recorded (Accepted or Rejected, along with a rationale). Patients accepted for initial assessment are placed onto the waiting list. When they reach the top of the list they are sent the first of three planned appointments – a full psychiatric history, a QbTest appointment and a formal ADHD assessment via structured interview. If the patient is diagnosed with ADHD and wish to begin treatment they are placed on a waiting list for medication initiation. If the patient is not diagnosed or does not wish to pursue treatment, they are discharged from BANDS ADHD.

Child ADHD Assessments

5. How many children do you have waiting for an ADHD diagnosis at the moment? **The most recent data is Jan 26 where 1590 were waiting for ADHD assessment and 1871 for autism/ADHD assessment therefore a total of 3,461**

6. How many children were given an ADHD Assessment in the last year (1st April 2025 - 31st March 2026). **493**

7. If a child was referred to you now when would you expect them to be seen? – **As of Jan 26, there were a total of 3987 waiting (the above plus those waiting just for autism assessment) – taking the contract of 722 per year anyone referred now would wait 5.5 years, but activity is above contract therefore the longest wait at the moment which is 202 weeks.**

8. Please describe your current Child ADHD Assessment pathway – **Child or young person over 5 years with ADHD traits in 2 settings referred with supporting documentation from school and family.**

Referral filtered for appropriateness and completeness of referral documentation.

Family and referrer notified and signposting information provided for support that can be accessed whilst waiting.

Yearly telephone welfare checks

Assessment commences:

- **Additional information requested in preparation for assessment**
- **QB completed, occasionally a school observation may be required.**
- **MDT review of information and QB**
- **Outcome agreed**
- **Feedback appointment**
- **Outcome report with signposting as appropriate**

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- **Added to waiting list for medication where appropriate**

If for any reason you are unhappy with our response, you are entitled to approach the Trust with complaints or comments. This can be done in writing and addressed to the Records Manager at the above address.

Yours sincerely

Information Governance Team

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